FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL					
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * GOULD MATTHEW J	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
(Last) (First) (Middle)	3. Date of Earliest Transaction (Month/Day/Year)					
60 CUTTER MILL ROAD, SUITE 303	08/03/2022	2	✓ Officer (give title below) Chairman of Board	C Other (specify below)		
(Street) GREAT NECK, NY 11021	4. If Amendment, Date Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing	5		
(City) (State) (Zip)			Form filed by One Reporting Person			
(City) (State) (Zip)			$igcap_{ ext{C}}$ Form filed by More than One Reporting Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/	Execution Date, if	3. Transaction Co (Instr. 8)		4. Securities Acqu (Instr. 3, 4 and 5)	ired (A) or Disposed o	f (D)	5. Amount of Securities	Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Day/ Year)	any (Month/ Day/ Year)	Code	V	Amount	(A) or (D)	Price	Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)		
Common Stock	08/03/2022		Α		34,083	А	(1)	333,855	D		
Common Stock								14,194 ⁽²⁾	Ι	By Gould Shenfeld Family Foundation	
Common Stock								4,169 ⁽³⁾	Ι	By BRT Apartments Corp. Pension Trust	
Common Stock								1,955,948.252 (4)	Ι	By Gould Investors L.P.	
Common Stock								144 ⁽⁵⁾	Ι	By Georgetown Partners LLC	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	or Exercise	Execution Date, if any	Code Derivative (Instr. 8) Securities		Expiration Date				Derivative Security	Securities 1	Ownership Form of	Beneficial	
	Price of Derivative Security	(Month/ Day/ Year)	Code	V	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares		Owned Following Reported Transaction(s)	Security: Direct (D) or Indirect	Ownership (Instr. 4)

Explanation of Responses:

- Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2019 had been satisfied. The related 1. performance period ended June 30, 2022.
- Reporting person is a trustee of the Gould Shenfeld Family Foundation. 2.
- Reporting person is a trustee of the BRT Apartments Corp. Pension Trust, which owns these shares. З.
- These shares are owned by Gould Investors L.P., Reporting person is the chairman of the corporate managing general partner of Gould Investors L.P., and he holds limited partnership interests 4. in Gould Investors L.P. These shares represent all of the shares of issuer owned by Gould Investors L.P., including shares in which he does not have a pecuniary interest. Includes shares obtained through the issuer's dividend reinvestment plan.
- These shares are owned by Georgetown Partners LLC. Reporting person is a manager of Georgetown Partners LLC. These shares represent all of the shares of issuer owned by Georgetown 5. Partners LLC.

Remarks:

/s/ Matthew J. Gould by David W. Kalish, his	08/05/2022
attorney in fact	
**Signature of Reporting Person	Date

*Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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